

# NEW IMAGE HEALTH & WELLNESS

## SCULPTRA® AESTHETIC INFORMED CONSENT FORM

### Client Information

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Preferred Contact Method: \_\_\_\_\_

### 1. Treatment Description

Sculptra® Aesthetic is an FDA-approved injectable made from poly-L-lactic acid (PLLA), a biodegradable collagen stimulator. Unlike traditional dermal fillers, Sculptra® works by stimulating your body's natural collagen production over time. Results develop gradually and may last up to two years with a complete treatment series.

### 2. Expected Benefits

- Restoration of facial volume lost from aging or weight loss
- Improvement in wrinkles, folds, and facial creases
- Natural-looking collagen stimulation over time
- Long-lasting improvement in skin quality and facial contour

### 3. Alternatives

- No treatment
- Hyaluronic acid fillers (Juvederm®, Restylane®)
- Fat transfer procedures
- Surgical facelift procedures
- Laser or radiofrequency skin tightening

### 4. Common Side Effects

- Redness, swelling, tenderness, itching, or bruising
- Mild discomfort at injection sites
- Small lumps under the skin that are usually not visible

### 5. Less Common / Rare Risks

- Nodules or granulomas that may require treatment
- Infection, scarring, or discoloration
- Allergic reaction (rare)
- Temporary asymmetry or over/under correction
- Vision changes or blindness (extremely rare with facial injections)

### 6. Contraindications

Sculptra® may not be appropriate if you: • Are pregnant, breastfeeding, or trying to become pregnant

- Have active infection or inflammation near the treatment area

- Have a history of keloid scarring or severe allergies
- Take blood thinners or immunosuppressive medications without physician clearance

#### **7. Pre-Treatment Instructions**

- Avoid aspirin, ibuprofen, fish oil, vitamin E, alcohol, and green tea for 7 days when medically appropriate.
- Arrive with clean skin and no makeup.
- Inform staff of any medication or health changes.

#### **8. Post-Treatment Rule of 5s**

For 5 days following treatment: • Massage treated areas for 5 minutes, 5 times daily.

- Apply ice as needed during the first 24 hours.
- Avoid strenuous exercise, excessive heat, sun exposure, and facials for 24–48 hours.
- Sleep face-up the first night.
- Contact the clinic immediately with severe pain, blanching, or vision changes.

#### **9. Financial Responsibility**

Cost per vial: \$\_\_\_\_\_

Package Pricing: \$\_\_\_\_\_

Payment is due at time of service. No refunds once product has been opened.

#### **10. Photography Consent**

I consent to pre- and post-treatment photographs for my medical record.

■ YES – Photos may be used anonymously for marketing purposes.

■ NO – Marketing use is not authorized.

#### **11. Acknowledgment**

I have read and understand this informed consent document. All questions have been answered to my satisfaction. I understand that results are not guaranteed and may vary from person to person. I voluntarily consent to Sculptra® Aesthetic treatment.

Client Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

Provider Signature: \_\_\_\_\_

Date: \_\_\_\_\_